Abstract
Klismaphilia (the use of enema for sexual stimulation) is a practice that causes pleasure to a certain segment of the population, both male and female. This article attempts to explain the evolution and explores the psychological factors regarding this paraphilic disorder.

Keywords: klismaphilia, paraphilic disorder, psychological factors, physiological factors, perineum.

INTRODUCTION
Klismaphilia is a specific paraphilic disorder, which describes a person who is sexually satisfied and aroused by using the enema. The enema can produce pleasure or sexual arousal through anal stimulation, unusual internal sensations associated with colon dilatation or rhythmic stimulation of muscle contractions that are transmitted to genital structures and produce sensations of a sexual nature. Some people experience extreme pleasure by practicing this form of paraphilia to the point where they achieve orgasm. Klismaphilia can be practiced alone or with a partner of either the same or opposite sex.

Beginning and evolution
Most people with these tendencies remember about enemas received in the first part of their life, generally between 4-8 years, but it has been reported that it can be developed later. Patients report that often the pleasant feeling was discovered after the chance to experience an enema in childhood. We can assume that the basic physiology was there and the early experience of an enema for medical purposes only played a role in detecting the sensitivity. However, not all children who were given enema developed tendencies towards anal eroticism later. (Denko, J. D, 1977, Freytag, F. F, 1971, Delcea, C., 2017).

There are a number of predisposing factors, such as physical development (for example, proper muscle structure) that are associated with anal stimulation (eg, early enema) and possibly certain unknown psycho-physical or physisexual factors in a sensitive psychological developmental stage, leads to the development (or perhaps only discovery) of the anal sensitivity that can be exploited later in life as part of heterosexual, homosexual or self-sexual activities (Delcea, C., 2017).

THEORETICAL APPROACH
We can establish that some people like to receive sexual stimulation from this type of anal activity, while others find it inconceivable. Given the fact that everyone has the necessary organs for these activities, the question arises: why is it not a pleasant activity for everyone? This question has no concrete answer, and
most of the answers are speculative and theoretical. Most likely, both psychological and physiological factors impact on this paraphilic disorder.

Given that there are countless physiological and psychological differences in the entire population, not all people consider anal stimulation to be pleasant or tolerable. Thus, the nerve of the perineum, the perineum and the muscular structure of the perineum, together with other physiological factors are different in people, and some people don’t have any erotic sensitivity in this area.

The psychological aspects of negative emotions related to enema and anal activity could revolve around the fact that the anus is related to defecation and is considered a taboo or “unclean” topic through education and general social conventions.

Most people have psychological blockages in relation to sexual activity and conceptions about sex in this socially unacceptable area.

Past experiences with enema will also form a basis for negative feelings about this type of activity. Most people experience enema in a medical context, and for them enema will be associated with the disease.

Women could associate them with activities prior to birth and pain, loss of personal space and other real or imaginary offenses that come along with these practices.

None of these situations could be associated with eroticism or pleasurable sexual activity (Delcea C, et al 2017, 2018).

**CONCLUSION**

In conclusion, the highly sensitive nature of the anal area and perineum area make the anus a source of intense sexual stimulation for some people. Klismaphilia can be considered a form of anal masturbation that is practiced with pleasure by both men and women.

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**BIBLIOGRAPHY**